

2020

INTREPID

TRAVEL

WORLDWIDE CYCLING ADVENTURES



**SMALL
GROUPS**

**LOCAL
LEADERS**

**SUSTAINABLE
TRAVEL**





We are all **INTREPID**

Every Intrepid adventure starts with curiosity.

A desire to understand, to learn something new, to challenge beliefs and push boundaries. To switch on our out-of-office alerts, to say farewell to daily routines, to have fun.

For some, being Intrepid means trying a dish they can't pronounce, or learning the salsa in a Cuban bar. It's climbing a mountain, or an encounter with a silverback gorilla.

For others, it's packing for a solo adventure, getting out of that bubble of familiarity, and making new friends in all corners of the globe.

Whether you've been travelling for years or you've never left home, we want to lead you to those moments of discovery, to satisfy that curiosity, to be Intrepid.

Because now, more than ever, the world needs more Intrepid people.

Why CHOOSE INTREPID

THE ULTIMATE ITINERARIES

We know this is your trip of a lifetime, and we're committed to making it unforgettable. Our itineraries strike the perfect balance between the structured and the spontaneous, with a focus on experiences only made possible when you're travelling with a local leader. You want freedom and flexibility as well as the highlights – that's why we craft tours that give you both.



Agra, India

01



LEGENDARY LOCAL LEADERS

Get ready to go beyond the main streets and into the heart of a destination. Travelling with our expert local leaders means you can focus on being in the moment instead of worrying about missing the last train out of town or where you can safely stroll. It's adventure travel with all the boring details taken care of, guided by a local who wants to bring you into their world.

03

MORE DESTINATIONS, MORE WAYS TO TRAVEL

We run thousands of trips in a range of styles and visit every continent on earth. And we do it all with our signature attention to detail and passion for real life experiences. Our destination experts are constantly scouring the globe for sights and experiences to share – so you can discover your new favourite place, or explore a guidebook staple from a new perspective.

04



Everest Base Camp, Nepal



02

SMALLER GROUPS

Our groups are perfectly sized – on average, just ten travellers – to let you feel like you're exploring a destination independently, but big enough to create a good social vibe. Whether it's swapping stories at a local homestay, sharing a table at a hole-in-the-wall restaurant, or enjoying a drink at the end of a jam-packed day, our small group size opens up big opportunities the larger groups can only dream of.



TRAVEL FOR GOOD

We know our travellers care about the world as much as we do. From a meal made with produce grown on a family-run farm to learning how to basket-weave in a small village that's home to a community-based tourism project, when you travel with us you know that your journey is giving back. Don't just take our word for it – as the world's largest travel B Corp, we follow strict ethical standards on sustainability, supply chains and social responsibility.

05

HOW WE *Travel*

We're all about real life experiences. The surprising moments that turn into the stories you tell for years to come. You'll find them off the beaten track, in the bustle of a Marrakech souk or a quiet village along the Mekong Delta. These experiences are raw, authentic and totally unforgettable.

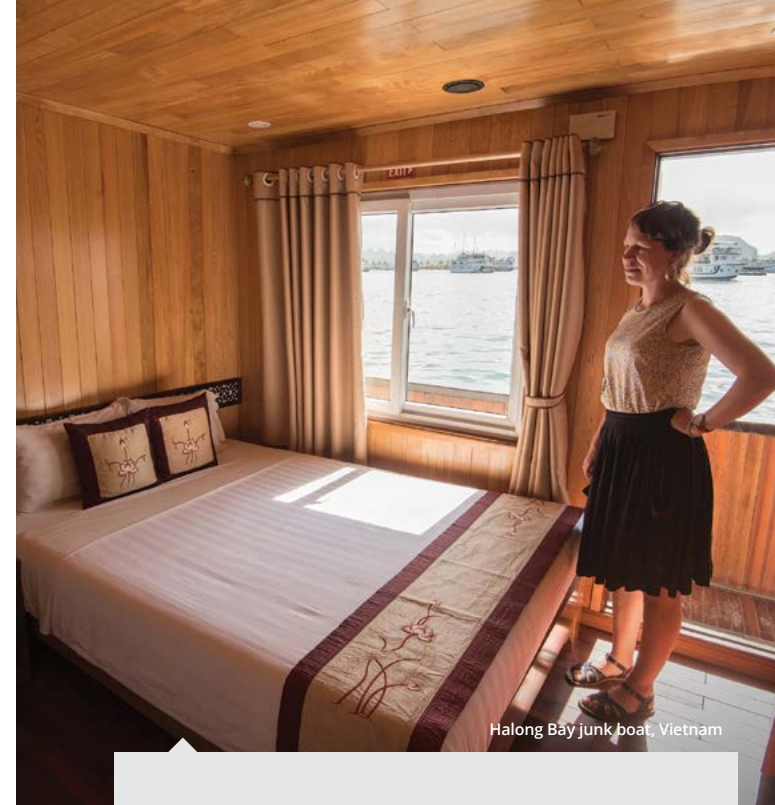


THE ICONIC AND THE UNEXPECTED

Sure, the first time you look at a famous monument is incredible, but so is finding yourself in the middle of a village football game or sharing a laugh with a market vendor. Our trips combine the iconic with the unexpected to give you genuine insight into local life.

AUTHENTIC FOOD

We know that food while you travel is more than fuel, and our trips include meals that enhance your adventure and give you a taste of the local flavours. Think a traditional Khmer dinner in the grounds of a Cambodian temple, or a hearty dinner with an Amish family in Berlin, Ohio.



STAY REAL

We think where you lay your head can be just as immersive as what you see in the day. Like spending the night at a 17th-century Rajasthani castle or a gite in the High Atlas Mountains. No matter where we stay, we always choose locally run accommodation.

GET AROUND, GO DEEPER

Wherever possible, we do things the local way – including transport. It's better for the environment and a great way to immerse yourself in another culture. From gliding through the backwaters of Kerala in a pole boat, to zipping through Tochigi on a bullet train, we choose ways to get you there that take you deeper.



LOCAL CONNECTIONS

By sharing laughter, stories and adventures with local people, you'll learn about different ways of life. More importantly, you'll find common ground. We believe you'll learn more sharing a meal in a small community in Vietnam's Da Bac or staying in a Nepalese village recovering from the 2015 earthquake, than wearing a headset and following a flag.

Why do A CYCLING TRIP

WITH INTREPID

AN IMMERSIVE EXPERIENCE

Gain a different perspective and deeper understanding of the country you're travelling in as your journey unfolds on the open road, surrounded by sounds, smells, changing scenery and like-minded riders.

A RELAXED PACE

There's no racing, no medals and no pressure – or reason – to get anywhere in a hurry. Enjoy the ride, soak everything up, and stop to take photos and interact with locals whenever you feel like it.

BE CHALLENGED

You might want to test yourself by tackling high mountain passes on a bike. Or you might simply want to rediscover your childhood love of riding. With a diverse range of Cycling Adventures, we guarantee you'll find the right level of challenge for you.

GET CONSTANT SUPPORT

With support vehicles on almost every journey, you can take a break for an hour, an afternoon or an entire day. When you're in the saddle, you can ride easy knowing your leader has ridden the itinerary in advance and received cycling-specific health and safety training.

TAKE THE ROAD LESS TRAVELLED

The world is your oyster and every unexplored road a pearl. Zip down back alleys, cruise through small villages and meander beside waterways, seeing both the highlights of a country and the unique places only a bike can take you.

INTREPID STYLE

Our Cycling Adventures have all the hallmarks of a classic Intrepid trip. We eat and explore the local way wherever possible and stay in, mostly, tourist-class hotels. Think immersive, fun, and – in this particular case – active.

ROAD CYCLING

These trips attract passionate cyclists who ride regularly and are looking for their next challenge. Tackle famous routes and traverse spectacular terrain. See page 26 for more information on our Road Cycling Adventures.

E-BIKE

Selected trips include the option to hire an e-bike – often popular with couples where one person is not as strong a cyclist as the other. You still need to pedal but it will help you hold a higher average speed and make climbs easier.

PHYSICAL RATING

Each of our trips has a physical rating, so you can tell how exerting a trip is and how fit you'll need to be to enjoy it. As a guide:

- Easy and relaxing – requires no previous cycling experience and a low level of fitness.
- A basic level of cycling fitness is required, and rides are generally less than 50 km per day on flat terrain.
- A reasonable level of cycling fitness and experience is required and rides generally vary from 30–90 km.
- For confident, experienced cyclists. Previous riding experience is essential and a good level of cycling fitness is required.
- Our most physically challenging and technical rides. They require both a high level of cycling experience and fitness.

Our trips vary in their level of challenge, from winding along a flat, palm-fringed road to tackling the legendary Tour de France route on Alpe d'Huez. Here are some examples of how the physical rating translates to real world conditions.

Cycle the Loire Valley (AMXL) ●●○○○

Gentle terrain with a few small hills means that despite cycling distances ranging from 30–90 km a day, this journey through French countryside is achievable for those with a basic level of fitness. See page 21.

Cycle Tuscany (ZMXT) ●●●○○

Cycling through picturesque rolling hills means you can expect frequent climbs and descents. Distances covered on the bike vary from 35–85 km each day, so this trip is ideal for someone with a moderate level of fitness. See page 18.

Cycle Japan (CJXC) ●●●○○

Distances covered on the bike during this trip vary from 10–80 km a day. The landscapes of the Noto Peninsula are hilly and weather can be extreme, which means that in certain seasons you'll need to be reasonably fit and hardy to enjoy all of the rides on the tour. See page 38.

Cycle Morocco (XMXC) ●●●●○

While daily cycling distances range from 22–70 km (and some days include no cycling at all), the potential for extreme heat combined with the undulating Atlas Mountains terrain make this trip ideal for fit, confident cyclists. See page 17.

Cycle the French Alps: Road Cycling (AMXA) ●●●●●

With numerous quick descents, hairpin turns and between 40–100 km of mountainous ground covered in the saddle daily, this tour is for passionate, experienced cyclists with very good endurance and fitness who want a challenge. See page 27.

MEET YOUR *Leaders*

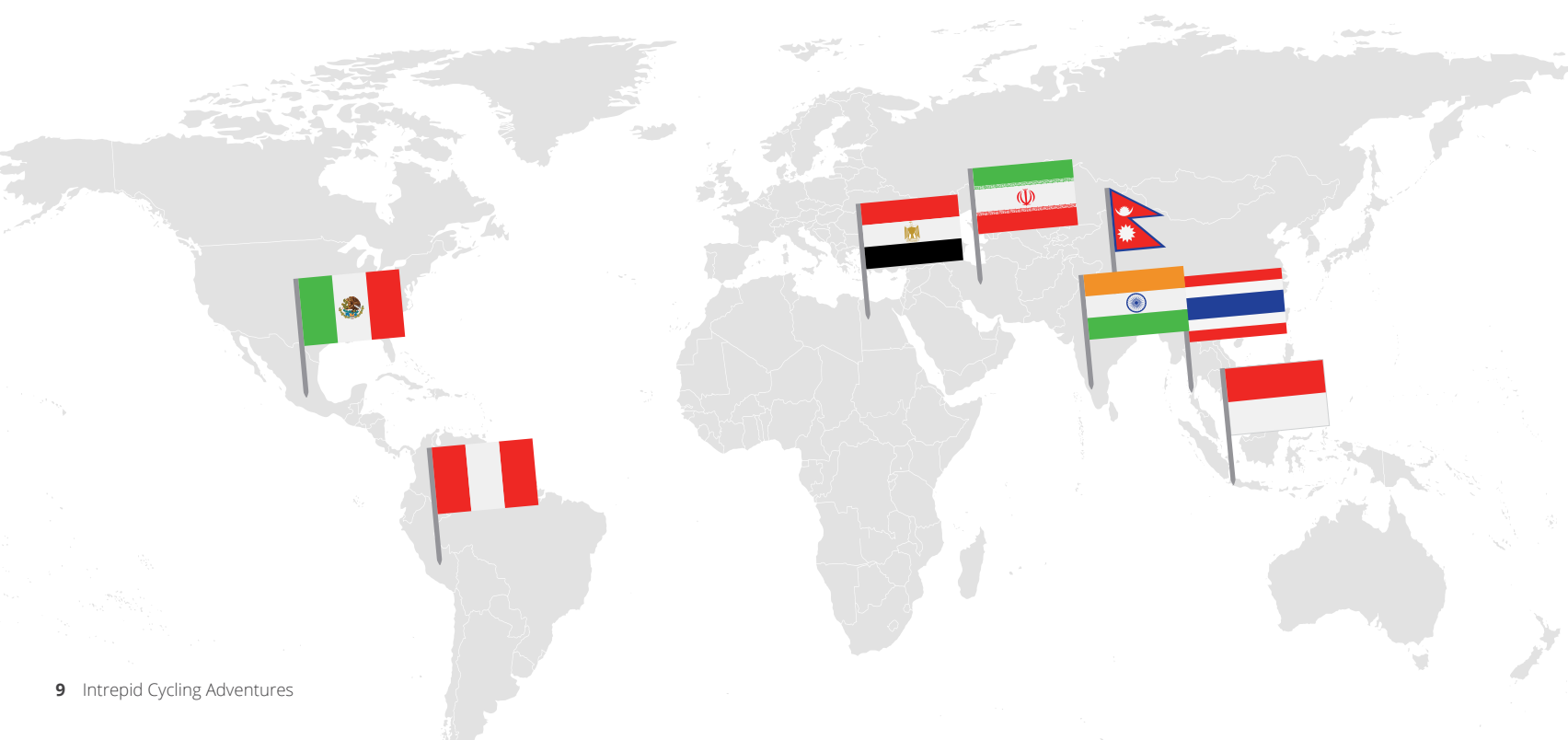
Our award-winning leaders are a diverse bunch with one thing in common: a passion for their part of the world. Here are just some you might meet on your travels.



Whether she's taking travellers to the best pad ka prow stall in Bangkok or the floating markets of Amphawa, Sasha helps people really connect with Thailand with her signature warmth and local knowledge. What matters most to Sasha is being kind and open, having fun, and providing her groups with an awesome experience of Thailand.



She's a friend and a translator, a problem-solver and that all-important link between being a traveller and a local. And while she loves being able to travel all over India, Ankita's favourite thing about leading for Intrepid is meeting new people and having different conversations every day. Her other fave thing? Introducing travellers to her most-loved Indian food: vegetarian thalis, a platter made up of curries, pickles, rice and bread (and watching them try to finish it!).



We're the WORLD'S BIGGEST TRAVEL B CORP

In 2018, we made our commitment to doing good official when we became the world's largest certified travel B Corp. Being a B Corp means we no longer merely strive to make a positive difference in the world, we are legally bound to it. Companies attain B Corp certification and a score based on how they look after their staff, maintain a clean supply chain and take corporate social responsibility seriously. That means when you choose Intrepid Travel, you can rest assured you're travelling to improve the planet.

Find out more at intrepidtravel.com/b-corp

Certified
B
Corporation

OUR SCORE

82.7

OUR MISSION

Be the best
travel company
for the world



Animal welfare

In 2014, we became the first global tour operator to ban elephant rides on our trips after we funded eye-opening research by World Animal Protection.



Gender equality

In 2017, we committed to doubling our number of female leaders by 2020; since then, we've grown from 150 to over 300 female leaders globally.



Ending modern slavery

Last year, we campaigned for laws that recognised orphanage tourism as a form of modern slavery. In 2016 we removed orphanage visits from all of our itineraries.



Community-based tourism

Responsible, community-based tourism is good for travellers and locals alike. That's why we work with organisations like ActionAid to develop projects that empower communities.

TRAVEL WITH IMPACT

We don't think travel should cost the earth, and we see it as our responsibility to help protect the planet we love to explore. We've been carbon neutral since 2010, and we offset the carbon emissions from our global business offices and our trips by supporting various projects all over the world.



BE THE CHANGE



Since 2002, The Intrepid Foundation has been offering travellers a tangible, transparent way to give back to the communities we visit. It's simple: you donate, we double your contribution, and then we give 100% of that money to a community-based project. Thanks to you, we've donated over AU \$7 million to more than 130 local organisations around the world, helping to improve the livelihoods of vulnerable individuals and communities through sustainable travel experiences.

Find out more at theintrepidfoundation.org

Stories FROM THE ROAD

TRAVEL TALES FROM THE JOURNAL



FEATURE STORY

5 REASONS WHY JAPAN IS AN AMAZING PLACE FOR A CYCLING TRIP

From the frenetic streets of neon Tokyo to the deer-filled parks of Kyoto, Kanazawa's bamboo forest and the 'lost in time' feeling of the Noto Peninsula, Japan is a land of contrasts that engages you every pedal stroke of the way. With 10 million new bicycles being sold in Japan every year, the passion for cycling is growing, and for good reason.

1. Cycling in Japan is easy (most of the time)

You can ride just about anywhere in Japan: on the road, on the many cycle lanes and paths, and even (somewhat scarily) on the pedestrian footpaths. Bike lanes are prevalent in the major cities, vehicle-free riverside bike paths are the norm, and most buildings have purpose-built bike parks. Some even have a special conveyor belt bike-lift to raise your bike back up to ground level when you leave.

Search 'japan cycling' at intrepidtravel.com/adventures to read four more reasons why

We all need a little destination inspiration, which is why your next stop should be The Journal, Intrepid Travel's award-winning blog. Written by travellers, for travellers, The Journal is filled with travel advice, inspiration, stories, city guides and more. Want to know how it feels to cycle on the beach in Japan, what sort of terrain you'll traverse in Tuscany, or what it's like to ride through the deepest valley in the world in Jordan? You'll find it on The Journal.

intrepidtravel.com/adventures



TRAVELLER TALE

WHY CYCLING IS THE BEST WAY TO EXPERIENCE TUSCANY

Things slow down in Italy. Not to a crawl, but to a delightful saunter. It's a place where you soak in your surroundings, savour your espresso and linger a little longer at dinner.

And it's a pace that makes cycling the perfect way to see the beautiful Tuscan countryside. From the rolling hills, each with a tiny town full of charm you wouldn't even know to visit on your own, to the endless array of delicious local cuisine, this region is a cyclist's dream.

It's why I jumped at the chance to join Intrepid Travel's Cycle Tuscany trip. From the views to the food, the big to the little, the trip was full of unforgettable moments.

Search 'best tuscany' at intrepidtravel.com/adventures to read more



FEATURE STORY

CYCLING IN JORDAN IS A ONCE-IN-A-LIFETIME ADVENTURE

Jordan by bike. It might not be the first experience that comes to mind when you think of the Middle East. But trust us when we say that it's one of the most magical...

There's so much more to the country than the deserts of Wadi Rum and the wonders of Petra – though they're not a bad place to start. Add in a few more surreal landscapes, a bunch of ruins, a night in a desert camp, and the amazingly freeing feeling of discovering it all by bike, and you've got A LOT to get excited about.

The diverse terrain

In all honesty, what type of landscape doesn't this Middle Eastern gem boast? There's deserts and mountains, awe-inspiring and vast. There's cities resplendent in modernity that contrast with iconic ancient monuments. And, really, there's everything in between: nature reserves, seaside resorts and so much more. One of our favourite spots for cycling has to be the Jordan Valley. Intrepid's Cycle Jordan tour features a gorgeous 47-kilometre (29-mile) cycle that goes all the way through it, starting in Rajif.

Search 'jordan cycling' at intrepidtravel.com/adventures to find out more

WANT TO Contribute?

We're always eager to hear from travellers who are interested in sharing their travel tales, insider info and city tips. Whether it's an inspiring long-form essay, a beautiful photo journal, or a top ten list, we want to hear from you!

Get in touch at intrepidtravel.com/become-a-contributor



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intrepidtravel.com/adventures

TRIPS YOU'LL *Love*

When it comes to our trips, we don't play favourites. But with so much to see in this brochure, we thought we'd help out. These are a few of the cycling tours across the world that our travellers rave about, just to get you started. Ride the winding trail through Morocco's High Atlas Mountains, take a leisurely pedal through the incredible Vietnamese countryside, experience Cuban culture from handlebar height, rest your legs on sandy beaches on Sri Lanka's south coast, and end rewarding days in the saddle with Japanese feasts of sushi and sake.

PEDAL MOUNTAINS AND MARKETS FROM MARRAKECH TO MERZOUGA

Cycle Morocco | Page 17



FEEL THE CARIBBEAN BREEZE FROM BIKE TO BEACH

Cycle Cuba: West | Page 42



Tailor-Made

T R A V E L

Travelling with family, your sports team, school group or your best buddies? We can arrange a special departure just for you, or tailor-make an Intrepid-style itinerary to any one of our destinations. Better still, we can customise the itinerary by giving your trip an educational, physical or even historical focus.

CUSTOM ITINERARIES

Create your own itinerary or choose from one of our 2000+ pre-existing trips.

PICK YOUR STYLE

Travel just the way you like it. From comfort accommodation to backpacking, we can do it all.

PERSONALISATION

We're a one-stop-shop for your trip, airfare and travel insurance needs, and can answer all your travel questions.

Contact our specialist team at intrepidtravel.com/tailor-made-experiences for more details.

REWARD DAYS IN THE SADDLE WITH SUSHI AND SAKE

Cycle Japan | Page 38



EXPLORE JUNGLES AND TEA PLANTATIONS ON TWO WHEELS

Cycle Sri Lanka | Page 36



GRAB A FRONT SEAT FOR THE BACKROADS OF VIETNAM

Cycle Vietnam | Page 31

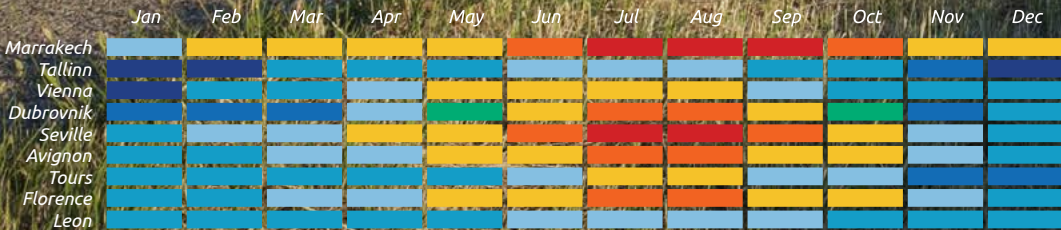


EUROPE & MOROCCO

It's no coincidence that the bicycle is a European invention; conditions here couldn't be better suited to outings by pedal-power. There's temperate weather, well-maintained trails, rolling terrain and some of the world's tastiest food for fuel. Choose between leisurely rides through the hills of Andalucia, vineyards of Provence and olive groves of Tuscany or – for something completely different – take off on a high-country adventure across Morocco's Atlas Mountains.



WEATHER



- Very hot & dry 35°C+
- Hot & dry 25-35°C
- Pleasantly warm 20-30°C
- Warm & wet 20-25°C
- Cool 15-20°C
- Cold & dry 0-15°C
- Cold & wet 0-15°C
- Below freezing -0°C



Marrakech, Morocco

14 DAYS Cycle Morocco

DESTINATION	Morocco	TRIP STYLE	Original
TRIP CODE	XMXC	TRIP PHYSICAL	Original
MAX GROUP SIZE	16		

WHY YOU'LL LOVE IT

- Take a cycling tour through mountains, deserts and ancient cities
- Ride both bikes and camels in the Sahara to a starlit nomad camp
- Cycle through landscapes that shaped Moroccan history
- Explore the chaotic mother of all medieval medinas in Fes
- End rewarding days in the saddle with Moroccan feasts

INCLUSIONS

MEALS
12 breakfasts, 2 lunches, 3 dinners

TRANSPORT
Bicycle, support vehicle, train, camel

ACCOMMODATION
Hotel (10 nts), overnight train (1 nt), desert camp (1 nt), gite (1 nt)

DEPARTURE DATES

Selected Sundays
Enter **XMXC** on intrepidtravel.com for exact dates.



KEY: Start/Finish ● Overnight stop — Place of interest --- Route/Transport type

ITINERARY

- START** Marrakech, Morocco
- ② Marrakech (hotel, overnight train)
- ① Tangier (hotel)
- ② Chefchaouen (hotel)
- ② Fes (hotel)
- ① Midelt (hotel)
- ① Sahara Camp (desert camp)
- ① Todra Gorge (hotel)
- ① Mountain Stay (gite) – Dades Gorge
- ① Ait Benhaddou (hotel)
- ① Marrakech (hotel) – Tizi n'Tichka
- FINISH** Marrakech, Morocco
- ① Nights spent. Location (accommodation style) – Place of interest

* This trip includes the option to hire an e-bike

YOU MAY ALSO LIKE

Travelling with kids? Check out this Morocco adventure designed with families in mind.

Morocco Family Cycling Holiday – 10 days (XMFX)
Saddle up and enjoy Morocco's vibrance, culture and colour.

Visit intrepidtravel.com/cycling for more options.



Devil's Bridge, Tuscany

8 DAYS Cycle Tuscany

DESTINATION Italy
TRIP CODE ZMXT
MAX GROUP SIZE 15
TRIP STYLE Original
PHYSICAL ●●●●●

WHY YOU'LL LOVE IT

- ✓ Pedal through picturesque hills, olive groves and vineyards
- ✓ Ride along the gentle Serchio River to the Leaning Tower of Pisa
- ✓ Retrace the steps of Leonardo da Vinci around his home city, Vinci
- ✓ End days in the saddle with a glass (or three) of local vino
- ✓ Escape the crowds in Garfagnana and experience the 'real' Italy

INCLUSIONS

MEALS
7 breakfasts, 2 lunches

TRANSPORT
Bicycle, support vehicle, local bus

ACCOMMODATION
Hotel (7 nts)



KEY: ★ Start/Finish ● Overnight stop — Place of interest --- Route/Transport type

ITINERARY

- **START** Florence, Italy
- ① Florence (hotel)
- ① Vinci (hotel)
- ① Barga (hotel)
- ① Garfagnana (hotel)
- ② Lucca (hotel) – *Apuan Alps, Viareggio*
- ① Pisa (hotel)
- **FINISH** Pisa, Italy
- ① Nights spent. Location (accommodation style) – Place of interest

* This trip includes the option to hire an e-bike

DEPARTURE DATES

Selected Saturdays
Enter **ZMXT** on intrepidtravel.com for exact dates.



8 DAYS Cycle the Camino de Santiago

DESTINATION Spain
TRIP CODE ZMXW
MAX GROUP SIZE 16
TRIP STYLE Original
PHYSICAL ●●●●●

WHY YOU'LL LOVE IT

- ✓ Share a true cycling pilgrimage along the famed Camino de Santiago
- ✓ Cycle through the rolling hills of the gorgeous Galician countryside
- ✓ Cover more ground by bicycle, focusing on the important bits!

INCLUSIONS

MEALS
6 breakfasts

TRANSPORT
Bicycle, luggage transport vehicle

ACCOMMODATION
Guesthouse (6 nts), hotel (1 nt)



KEY: ★ Start/Finish ● Overnight stop — Place of interest --- Route/Transport type

ITINERARY

- **START** Leon, Spain
- **FINISH** Santiago de Compostela, Spain

DEPARTURE DATES



8 DAYS Cycle Andalucia

DESTINATION Spain
TRIP CODE ZMXA
MAX GROUP SIZE 16
TRIP STYLE Original
PHYSICAL ●●●●●

WHY YOU'LL LOVE IT

- ✓ Ride through the the quaint, whitewashed village of El Burgo
- ✓ Relax and ride traffic-free on Spain's renowned Via Verde
- ✓ Discover Spain's intriguing history, from Seville to Granada
- ✓ Reward your efforts with delicious Andalusian cuisine

INCLUSIONS

MEALS
6 breakfasts

TRANSPORT
Bicycle, support vehicle

ACCOMMODATION
Hotel (7 nts)



KEY: ★ Start/Finish ● Overnight stop — Place of interest --- Route/Transport type

ITINERARY

- **START** Seville, Spain
- **FINISH** Granada, Spain

DEPARTURE DATES





Les Baux-de-Provence, France



Chateau de Chambord, Loire Valley

8 DAYS

Cycle Provence

DESTINATION France
TRIP CODE AMXC
MAX GROUP SIZE 15
TRIP STYLE Original
PHYSICAL ●●●●●

♥ WHY YOU’LL LOVE IT

- ✓ Pedal through picturesque landscapes and quaint villages
- ✓ Encounter Roman history in the historic towns of Arles and Orange
- ✓ Stop by vineyards outside Avignon and taste acclaimed French wines
- ✓ Cycle to the spectacular three-tiered bridge of Pont du Gard
- ✓ Spot wild horses on your ride to the Mediterranean Sea

INCLUSIONS

MEALS
7 breakfasts

TRANSPORT
Bicycle, support vehicle

ACCOMMODATION
Hotel (7 nts)

KEY: ● Start/Finish ● Overnight stop — Place of interest — Route/Transport type

ITINERARY

- **START** Avignon, France
- ① Avignon (hotel)
- ① Orange (hotel)
- ① Uzès (hotel) – Pont du Gard
- ② Saint Remy (hotel) – Les Baux-de-Provence
- ② Arles (hotel) – Saintes-Maries-de-la-Mer
- **FINISH** Arles, France
- ① Nights spent. Location (accommodation style) – Place of interest

* This trip includes the option to hire an e-bike

7 DAYS

Cycle the Loire Valley

DESTINATION France
TRIP CODE AMXL
MAX GROUP SIZE 15
TRIP STYLE Original
PHYSICAL ●●●●●

♥ WHY YOU’LL LOVE IT

- ✓ Cycle through stunning scenery in the central-west of France
- ✓ Marvel at the many chateaux that span the Loire Valley
- ✓ Consider visiting the chateau-turned-museum of Da Vinci
- ✓ Explore vineyards and perhaps enjoy a tasting on the way to Villandry
- ✓ Complete your cycling journey in the historic township of Angers

INCLUSIONS

MEALS
5 breakfasts

TRANSPORT
Bicycle, support vehicle, train

ACCOMMODATION
Hotel (6 nts)

KEY: ● Start/Finish ● Overnight stop — Place of interest — Route/Transport type

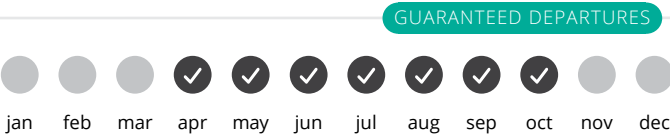
ITINERARY

- **START** Tours, France
- ① Tours (hotel)
- ① Blois (hotel) – Chateau de Chambord
- ① Amboise (hotel)
- ① Villandry (hotel)
- ① Saumur (hotel)
- ① Angers (hotel)
- **FINISH** Angers, France
- ① Nights spent. Location (accommodation style) – Place of interest

* This trip includes the option to hire an e-bike

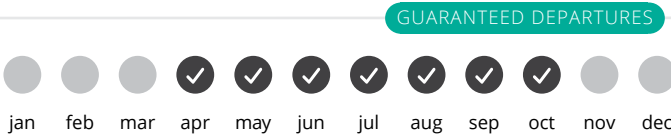
DEPARTURE DATES

Selected Saturdays
Enter **AMXC** on intrepidtravel.com for exact dates.



DEPARTURE DATES

Selected Saturdays
Enter **AMXL** on intrepidtravel.com for exact dates.





Cycle group, Croatia

7 DAYS Cycle Croatia

DESTINATION Croatia
TRIP CODE ZMXB
MAX GROUP SIZE 15
TRIP STYLE Original
PHYSICAL ●●●●●

WHY YOU'LL LOVE IT

- ✓ Cycle through whitewashed villages and alongside the Adriatic waters
- ✓ Visit Dalmatia's largest island, Brac, with its forests and olive trees
- ✓ Explore the history, natural beauty and inviting beaches of Hvar
- ✓ Enjoy a post-ride gelato or take a dip in the sea in sunny Korcula
- ✓ Traverse to the top of Srd Hil and admire the stunning view over the Old Town of Dubrovnik

INCLUSIONS

MEALS
6 breakfasts, 1 dinner

TRANSPORT
Bicycle, support vehicle, ferry

ACCOMMODATION
Hotel (3 nts), apartment (3 nts)



KEY: ● Start/Finish ● Overnight stop — Place of interest — Route/Transport type

ITINERARY

- **START** Split, Croatia
- 1 Split (hotel)
 - 1 Bol (hotel) – Supetar
 - 1 Hvar Town (apartment) – Stari Grad
 - 2 Korcula Town (apartment) – Pupnat
 - 1 Dubrovnik (hotel) – Orebic
- **FINISH** Dubrovnik, Croatia
- ① Nights spent. Location (accommodation style) – Place of interest

* This trip includes the option to hire an e-bike

YOU MAY ALSO LIKE

Want to extend your cycling journey? Continue along the Balkans by bicycle, all the way to Sarajevo.

Cycle Croatia & the Balkans – 14 days (ZMXBC)

Visit intrepidtravel.com/cycling for more options.

DEPARTURE DATES

Selected Sundays
Enter **ZMXB** on intrepidtravel.com for exact dates.



Lake Piva, Montenegro

8 DAYS Cycle the Balkans

DESTINATIONS Bosnia and Herzegovina, Croatia, Montenegro
TRIP CODE ZMXY
MAX GROUP SIZE 15
TRIP STYLE Original
PHYSICAL ●●●●●

WHY YOU'LL LOVE IT

- ✓ Ride through some of Europe's most inspiring natural landscapes
- ✓ Explore three fascinating countries by bike
- ✓ Tackle challenging climbs, scenic flats and a new trail following the now defunct Austro-Hungarian railway line
- ✓ Witness Mostar's bridge divers hurling themselves into the river
- ✓ Finish your cycling adventure in the intriguing yet sobering Sarajevo

INCLUSIONS

MEALS
6 breakfasts

TRANSPORT
Bicycle, support vehicle

ACCOMMODATION
Hotel (6 nts), guesthouse (1 nt)



KEY: ● Start/Finish ● Overnight stop — Place of interest — Route/Transport type

ITINERARY

- **START** Dubrovnik, Croatia
- 1 Dubrovnik, Croatia (guesthouse)
 - 1 Kotor, Montenegro (hotel) – Cavtat
 - 1 Niksic, Montenegro (hotel) – Ostrog Monastery
 - 1 Pluzine, Montenegro (hotel) – Lake Piva
 - 2 Mostar, Bosnia & Herzegovina (hotel) – Nevesinje, Ciro Trail
 - 1 Sarajevo, Bosnia & Herzegovina (hotel)
- **FINISH** Sarajevo, Bosnia & Herzegovina
- ① Nights spent. Location (accommodation style) – Place of interest

* This trip includes the option to hire an e-bike

DEPARTURE DATES

Selected Saturdays
Enter **ZMXY** on intrepidtravel.com for exact dates.





Danube River, Austria

8 DAYS Cycle the Danube

DESTINATIONS Austria, Hungary, Slovakia
TRIP CODE ZMXD
MAX GROUP SIZE 15
TRIP STYLE Original
PHYSICAL ●●●●●

WHY YOU’LL LOVE IT

- ✓ Cycle leafy paths from vibrant Vienna to bohemian Budapest
- ✓ Marvel at the river’s reflection of the domed Basilica of Esztergom
- ✓ Ride past romantic castles, picturesque villages and lowland forests
- ✓ Pedal beside the majestic Danube River as you follow it downstream
- ✓ Straddle the borders of Hungary and Slovakia in the historic spa town of Komarom

INCLUSIONS

MEALS
7 breakfasts, 1 lunch

TRANSPORT
Bicycle, support vehicle, ferry

ACCOMMODATION
Hotel (6 nts), pension (1 nt)

DEPARTURE DATES

Selected Saturdays
Enter **ZMXD** on intrepidtravel.com for exact dates.

KEY: ✱ Start/Finish ● Overnight stop — Place of interest --- Route/Transport type

ITINERARY

- **START** Vienna, Austria
- ② Vienna, Austria (hotel)
- ① Bratislava, Slovakia (hotel)
- ① Lipot, Hungary (pension) – Hedervar
- ① Komarom, Hungary (hotel)
- ① Esztergom, Hungary (hotel)
- ① Budapest, Hungary (hotel)
- **FINISH** Budapest, Hungary
- ① Nights spent. Location (accommodation style) – Place of interest

* This trip includes the option to hire an e-bike

YOU MAY ALSO LIKE

Want to push the pedals even further? Why not extend your cycling adventure on a bike ride through Bohemia.

Cycle Central Europe & the Danube – 15 days (ZMXDC)
Cover Central Europe by bike, from Prague to Budapest.
Visit intrepidtravel.com/cycling for more options.

8 DAYS Cycle Prague to Vienna

DESTINATIONS Austria, Czech Republic
TRIP CODE ZMXP
MAX GROUP SIZE 15
TRIP STYLE Original
PHYSICAL ●●●●●

WHY YOU’LL LOVE IT

- ✓ Follow the Danube by bike, passing picturesque castles and villages
- ✓ Explore picture postcard towns and traffic-free cycling paths
- ✓ Head on an optional brewery tour at the original home of Budweiser

INCLUSIONS

MEALS
7 breakfasts

TRANSPORT
Bicycle, support vehicle, train

ACCOMMODATION
Hotel (7 nts)

11 DAYS Cycle the Baltics

DESTINATIONS Estonia, Latvia, Lithuania
TRIP CODE BMXB
MAX GROUP SIZE 15
TRIP STYLE Original
PHYSICAL ●●●●●

WHY YOU’LL LOVE IT

- ✓ Cycle the famous Route 10, which cuts across the Baltic Sea
- ✓ Stay in a farmhouse and experience Estonian country life firsthand
- ✓ Wander the dunes and beaches of the Curonian Spit National Park

INCLUSIONS

MEALS
10 breakfasts, 1 dinner

TRANSPORT
Bicycle, support vehicle, ferry

ACCOMMODATION
Hotel (8 nts), guesthouse (2 nts)

KEY: ✱ Start/Finish ● Overnight stop — Place of interest --- Route/Transport type

ITINERARY

- **START** Prague, Czech Republic
- **FINISH** Vienna, Austria

DEPARTURE DATES

GUARANTEED DEPARTURES

jan feb mar apr may jun jul aug sep oct nov dec

KEY: ✱ Start/Finish ● Overnight stop — Place of interest --- Route/Transport type

ITINERARY

- **START** Tallinn, Estonia
- **FINISH** Vilnius, Lithuania

DEPARTURE DATES

GUARANTEED DEPARTURES

jan feb mar apr may jun jul aug sep oct nov dec

INTRODUCING ROAD CYCLING

Even Intrepid will swap off-the-beaten-path for on-the-paved-road occasionally. We've expanded our itineraries to include places that only a road bike (and occasional hard slog) can reach. But these are no ordinary roads. These are the creme de la creme; the tour de force.

Whether you're cycling in the tyre tracks of the Giro d'Italia, testing your legs on the steep slopes of the Col de Peyresourde, tackling the 21 hairpins of the Alpe d'Huez or climbing Colombia's 80-kilometre-long Alto De Letras – reward yourself with some of cycling's most phenomenal vistas that will (quite literally) take your breath away.

We take the best routes, not the easiest, and these trips tend to attract cyclists who ride regularly and are looking for their next challenge. Expect passionate travellers, local leaders, a support vehicle and all the joy that comes from experiencing a new destination from handlebar height.



How fit do I need to be?



While you'll be dressed in lycra and riding fast bikes, these trips are not a race. Anyone who is healthy, comfortable riding up to six hours daily and confident riding on the road will enjoy these trips. Like any other sport, the fitter you are the more you will enjoy the experience.

How hard are road cycling trips?



The speeds are a bit faster and routes often feature famous climbs on tarmac. Daily rides vary from 50 km up to 100 km, but don't let the distances fool you – 50 km in the mountains can mean a long day in the saddle.

What support will I receive?



Just like on our regular cycling trips, you will be accompanied by one of our excellent Intrepid cycling leaders, who will be there to guide you and assist if there's an issue. Each trip will also include a support vehicle to carry your luggage (and you, if needed).



What sort of bikes do you use?

We know many road cyclists prefer the familiarity of riding their own bike, and that many of you will bring your own. So rather than including a hire bike, we have made hiring a bike optional on our road cycling trips. Don't worry, if you don't want the hassle of bringing your bike from home we can always arrange a suitable hire bike locally.



What's different from our regular cycling trips?

The main difference is the focus is on the cycling itself. We ride a bit quicker (but not that fast!), have fewer sightseeing stops, ride through more challenging terrain, and our cyclists are spread out as they ride at their own pace. What's not different is the amazing scenery, support we give you and joy of experiencing a new destination from your cycle.



Col du Galibier, France

ROAD CYCLING

8 DAYS Cycle the French Alps: Road Cycling

DESTINATION	France	TRIP STYLE	Original
TRIP CODE	AMXA	TRIP STYLE	Original
MAX GROUP SIZE	12	PHYSICAL	●●●●●

WHY YOU'LL LOVE IT

- ✓ Ride through stunning scenery on this road cycling adventure
- ✓ Experience the sublime Lacets de Montvernier
- ✓ Tackle the 21 hairpins of the Alpe d'Huez
- ✓ Ascend the Col du Galibier, the ultra-high mountain route
- ✓ Cycle at your own pace, past snow-capped massifs and stunning lakes

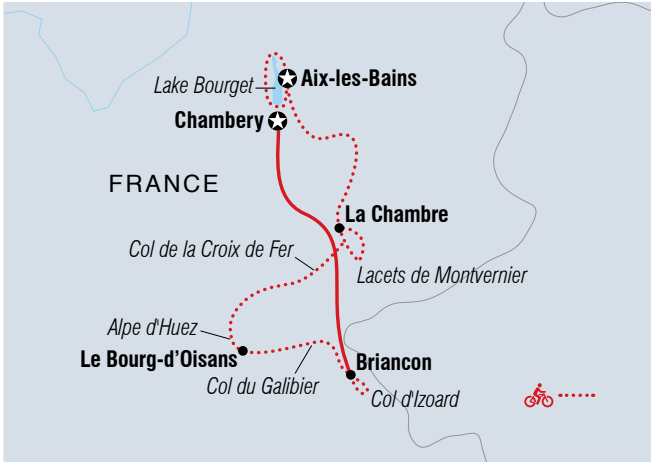
INCLUSIONS

- MEALS**
6 breakfasts
- TRANSPORT**
Bicycle, support vehicle, minivan
- ACCOMMODATION**
Hotel (7 nts)



DEPARTURE DATES

Selected Saturdays
Enter **AMXA** on intrepidtravel.com for exact dates.



KEY: ● Start/Finish ● Overnight stop — Place of interest — Route/Transport type

ITINERARY

- **START** Aix-les-Bains, France
- ② Aix-les-Bains (hotel) – Lake Bourget
- ① La Chambre (hotel) – Lacets de Montvernier
- ② Le Bourg d'Oisans (hotel) – Col de la Croix de Fer, Alpe d'Huez
- ① Briançon (hotel) – Col du Galibier
- ① Chambéry (hotel) – Col d'Izoard
- **FINISH** Chambéry, France
- ① Nights spent. Location (accommodation style) – Place of interest

GUARANTEED DEPARTURES

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Pyrenees, France

8 DAYS

Cycle the Pyrenees: Road Cycling

DESTINATION

TRIP CODE

MAX GROUP SIZE

France

AXXP

12

TRIP STYLE

Original

PHYSICAL

●●●●●

- ♥ WHY YOU’LL LOVE IT
- ✓ Start out with easier climbs before tackling the truly challenging ascents later in the week
 - ✓ Push yourself and ascend the mighty Col du Tourmalet
 - ✓ Experience the charm and character of small Pyrenean villages
 - ✓ Test your legs on the slopes of the Col de Peyresourde
 - ✓ Let your local cycling leader guide you along the road less travelled

📅

INCLUSIONS

MEALS

6 breakfasts

TRANSPORT

Bicycle, support vehicle

ACCOMMODATION

Hotel (7 nts)

📅

DEPARTURE DATES

Selected Saturdays

Enter **AXXP** on [intrepidtravel.com](#) for exact dates.

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GUARANTEED DEPARTURES

KEY: 🏁 Start/Finish ● Overnight stop — Place of interest - - - Route/Transport type

ITINERARY

●

START

Ax-les-Thermes, France

②

Ax-les-Thermes (hotel) – Col du Chioula

①

Massat (hotel) – Route des Corniches

②

Bagnères-de-Luchon (hotel) – Col de Mente

①

Bagnères-de-Bigorre (hotel) – Col de Peyresourde, Col d'Aspin

①

Argeles-Gazost (hotel) – Col du Tourmalet

●

FINISH

Argeles-Gazost, France

①

Nights spent. Location (accommodation style) – Place of interest

8 DAYS

Cycle the Dolomites: Road Cycling

DESTINATION

TRIP CODE

MAX GROUP SIZE

Italy

ZXXD

12

TRIP STYLE

Original

PHYSICAL

●●●●●

- ♥ WHY YOU’LL LOVE IT
- ✓ Cycle in the tyre tracks of the Giro d'Italia and traverse some of the world's best climbs
 - ✓ Challenge yourself with the 48 hairpins of the mighty Passo Stelvio
 - ✓ Discover the hidden gems that only the local cyclists know about

📅

INCLUSIONS

MEALS

5 breakfasts

TRANSPORT

Bicycle, support vehicle

ACCOMMODATION

Hotel (7 nts)

8 DAYS

Cycle Colombia: Road Cycling

DESTINATION

TRIP CODE

MAX GROUP SIZE

Colombia

GGXR

16

TRIP STYLE

Original

PHYSICAL

●●●●●

- ♥ WHY YOU’LL LOVE IT
- ✓ Challenge yourself to climb the 80-kilometre long Alto De Letras
 - ✓ Enjoy Ciclovía and ride through the streets of Bogotá with over a million locals
 - ✓ Tackle the hairpin bends that make Colombia a road cyclist's heaven!

📅

INCLUSIONS

MEALS

6 breakfasts

TRANSPORT

Bicycle, support vehicle

ACCOMMODATION

Hotel (7 nts)

KEY: 🏁 Start/Finish ● Overnight stop — Place of interest - - - Route/Transport type

ITINERARY

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START

Treviso, Italy

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FINISH

Como, Italy

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DEPARTURE DATES

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GUARANTEED DEPARTURES

KEY: 🏁 Start/Finish ● Overnight stop — Place of interest - - - Route/Transport type

ITINERARY

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START

Bogotá, Colombia

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FINISH

Salento, Colombia

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DEPARTURE DATES

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GUARANTEED DEPARTURES

ASIA & THE PACIFIC

In Asia and the Pacific, cycling is much more than just a pastime or an excuse to wear lycra. From the buzzing backstreets of Hanoi to tropical Thai beaches, Bagan’s pagoda-studded landscape to Sri Lanka’s hill country and Bali’s rice terraces to the mountain-lined trails of New Zealand’s South Island, the humble bicycle is a way of life. Be it wheeling along the packed streets of Old Delhi or weaving between the temples of Angkor, these regions are ideal to be discovered by bike.



Cao Phong, Vietnam

15 DAYS Cycle Vietnam

DESTINATION	Vietnam	TRIP STYLE	Original
TRIP CODE	TVXB	PHYSICAL	<div><div></div><div></div><div></div><div></div><div></div></div>
MAX GROUP SIZE	16		

WHY YOU’LL LOVE IT

- ✓ Feel the tropical breeze brush against your skin as you cycle from city streets to country lanes
- ✓ Work up an appetite and indulge in a wealth of delicious local food
- ✓ Explore lush natural landscapes, small villages and ancient ruins
- ✓ See parts of Vietnam only accessible on two wheels
- ✓ Enjoy local hospitality and food in a simple homestay in Mai Chau

INCLUSIONS

MEALS
13 breakfasts, 11 lunches, 2 dinners

TRANSPORT
Bicycle, boat, overnight train, support vehicle, taxi

ACCOMMODATION
Hotel (12 nts), homestay (1 nt), overnight sleeper train (1 nt)

DEPARTURE DATES

Selected Wednesdays, Fridays & Saturdays
Enter **TVXB** on intrepidtravel.com for exact dates.

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KEY: Start/Finish Overnight stop Place of interest Route/Transport type

ITINERARY

- START** Hanoi, Vietnam
- ② Hanoi (hotel)
- ① Mai Chau (homestay)
- ② Ninh Binh (hotel, overnight sleeper train)
- ① Hue (hotel)
- ② Hoi An (hotel) – Hai Van Pass
- ① Quy Nhon (hotel)
- ② Nha Trang (hotel) – Hon Mun Island
- ① Dalat (hotel) – Bidoup-Nui Ba Pass
- ① Phan Thiet (hotel)
- ① Ho Chi Minh City (hotel)
- FINISH** Ho Chi Minh City, Vietnam
- ① Nights spent. Location (accommodation style) – Place of interest

* This trip includes the option to hire an e-bike

YOU MAY ALSO LIKE

Short on time, or travelling with kids? Check out one of these alternative two-wheeled adventures.

Cycle Northern Vietnam – 8 days (TVXS)

Vietnam Family Cycling Holiday – 10 days (TVFX)

Visit intrepidtravel.com/cycling for more options.



Angkor, Cambodia

13 DAYS

Cycle Vietnam, Cambodia & Thailand

DESTINATIONS Cambodia, Thailand, Vietnam
TRIP CODE TTXC **TRIP STYLE** Original
MAX GROUP SIZE 16 **PHYSICAL** ●●●●●●●●●●

WHY YOU’LL LOVE IT

- ✓ See South East Asia like never before – from the seat of a bicycle!
- ✓ Work up an appetite for this region’s famously delicious street food
- ✓ Get among nature, wildlife, small villages and ancient ruins
- ✓ Explore some of Asia’s liveliest and brightest cities by bike
- ✓ Take a post-ride boat trip down the Mekong to your local homestay

INCLUSIONS

MEALS
11 breakfasts, 1 lunch, 1 dinner

TRANSPORT
Bicycle, support vehicle, public bus, public boat

ACCOMMODATION
Hotel (10 nts), homestay (1 nt), resort (1 nt)

DEPARTURE DATES

Selected Saturdays
Enter **TTXC** on intrepidtravel.com for exact dates.

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KEY: 🚩 Start/Finish ● Overnight stop — Place of interest - - - Route/Transport type

ITINERARY

- **START** Ho Chi Minh City, Vietnam
- ① Ho Chi Minh City, Vietnam (hotel)
- ① Mekong Delta, Vietnam (homestay)
- ① Chau Doc, Vietnam (hotel)
- ③ Phnom Penh, Cambodia (hotel)
- ③ Siem Reap, Cambodia (hotel) – *Angkor Wat*
- ① Sa Kaew, Thailand (resort)
- ① Kabinburi, Thailand (hotel)
- ① Bangkok, Thailand (hotel)
- **FINISH** Bangkok, Thailand
- ① Nights spent. Location (accommodation style) – *Place of interest*

* This trip includes the option to hire an e-bike

YOU MAY ALSO LIKE

Cycle South East Asia – 27 days (TVXCC)
Take an extended pedalling adventure through South East Asia and experience this region from handlebar height.

Visit intrepidtravel.com/cycling for more options.



Surat Thani, Thailand

9 DAYS

Cycle Southern Thailand

DESTINATION Thailand
TRIP CODE TTXB **TRIP STYLE** Original
MAX GROUP SIZE 16 **PHYSICAL** ●●●●●●●●●●

WHY YOU’LL LOVE IT

- ✓ Escape the chaotic Bangkok traffic by bike, and venture into the heart and soul of Thailand
- ✓ Rehydrate with fresh coconut and fruit juices straight from the plant
- ✓ Dive into the nature lover’s paradise of Khao Sok National Park
- ✓ Enjoy an included boat cruise across the incredible Phang Nga Bay
- ✓ Fall asleep to the sounds of the jungle in a riverside bungalow

INCLUSIONS

MEALS
6 breakfasts

TRANSPORT
Bicycle, support vehicle, train, boat

ACCOMMODATION
Hotel (5 nts), bungalow (2 nts), overnight train (1 nt)

DEPARTURE DATES

Selected Saturdays
Enter **TTXB** on intrepidtravel.com for exact dates.



KEY: 🚩 Start/Finish ● Overnight stop — Place of interest - - - Route/Transport type

ITINERARY

- **START** Bangkok, Thailand
- ② Bangkok (hotel, overnight train)
- ② Khao Sok NP (bungalow) – *Surat Thani*
- ② Khao Lak (hotel)
- ① Phang Nga (hotel)
- ① Ao Nang (hotel)
- **FINISH** Ao Nang, Thailand
- ① Nights spent. Location (accommodation style) – *Place of interest*

* This trip includes the option to hire an e-bike

YOU MAY ALSO LIKE

Looking for a family-friendly adventure? Take a two-wheeled tour through Southern Thailand on a trip catering for teens.

Thailand Family Cycling Holiday – 10 days (TTFX)
Visit intrepidtravel.com/cycling for more options.

- ✓✓✓●●●✓✓●✓✓✓
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Rajasthan, India

15 DAYS
Cycle Rajasthan

DESTINATION India
TRIP CODE HHXC
MAX GROUP SIZE 16
TRIP STYLE Original
PHYSICAL ●●●●●

WHY YOU’LL LOVE IT

- ✓ Cycle through Rajasthan’s rural villages and majestic countryside
- ✓ Marvel at the Taj Mahal in Agra and discover the rich history and architecture of Amber Fort in Jaipur
- ✓ Search for wildlife in the jungle of Ranthambhore National Park
- ✓ Spend a night in a 400-year-old fort surrounded by mango orchards
- ✓ Let your local cycling leader guide you through the ‘real’ India

INCLUSIONS

MEALS
9 breakfasts, 1 lunch

TRANSPORT
Bicycle, support vehicle, train, metro, cycle rickshaw

ACCOMMODATION
Hotel (10 nts), heritage property (3 nts), deluxe permanent tent (1 nt)

KEY: 🚩 Start/Finish ● Overnight stop — Place of interest - - - Route/Transport type

ITINERARY

- **START** Delhi, India
- ① Delhi (hotel)
- ② Jaipur (hotel)
- ① Pushkar (hotel)
- ② Udaipur (hotel)
- ① Pangarh (deluxe permanent tent)
- ① Bijaipur (heritage property)
- ① Bundi (heritage property)
- ② Ranthambhore NP (hotel)
- ① Madhogarh (heritage property)
- ① Agra (hotel)
- ① Delhi (hotel)
- **FINISH** Delhi, India
- ① Nights spent. Location (accommodation style) – Place of interest

DEPARTURE DATES

Selected Saturdays
Enter **HHXC** on intrepidtravel.com for exact dates.

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GUARANTEED DEPARTURES



Kerala backwaters, India

8 DAYS
Cycle Kerala

DESTINATION India
TRIP CODE HHXK
MAX GROUP SIZE 16
TRIP STYLE Original
PHYSICAL ●●●●●

WHY YOU’LL LOVE IT

- ✓ Cycle to the idyllic backwaters of Kerala, where children often learn to row boats before they ride a bike!
- ✓ Explore Kochi, with its fascinating blend of cultural influences
- ✓ Witness local culture in an incredible Kathakali dance performance
- ✓ Cool off in the mountain climes of the Western Ghats
- ✓ Experience a unique way of life on a Keralan houseboat

INCLUSIONS

MEALS
7 breakfasts, 2 lunches, 1 dinner

TRANSPORT
Bicycle, support vehicle, boat

ACCOMMODATION
Hotel (6 nts), houseboat (1 nt)

DEPARTURE DATES

Selected Saturdays
Enter **HHXK** on intrepidtravel.com for exact dates.

- ✓ ✓ ✓ ✓ ● ● ● ● ● ● ✓ ✓ ✓
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GUARANTEED DEPARTURES

KEY: 🚩 Start/Finish ● Overnight stop — Place of interest - - - Route/Transport type

ITINERARY

- **START** Trivandrum, India
- ① Trivandrum (hotel)
- ① Varkala (hotel)
- ① Kerala Backwaters (houseboat)
- ② Periyar (hotel)
- ② Kochi (hotel) – Andhakaranazi Beach
- **FINISH** Kochi, India
- ① Nights spent. Location (accommodation style) – Place of interest



Anuradhapura, Sri Lanka

14 DAYS Cycle Sri Lanka

DESTINATION Sri Lanka
TRIP CODE HPXC
MAX GROUP SIZE 16
TRIP STYLE Original
PHYSICAL ●●●●●●

WHY YOU'LL LOVE IT

- ✓ Ride through tea plantations, lush jungle and quaint fishing villages
- ✓ Rest your legs and relax along the sandy beaches of the south coast
- ✓ Explore Sri Lanka's most important religious and heritage sites
- ✓ Experience traditional culture with a Kandyan dance performance
- ✓ Cycle along some of the most beautiful stretches of road in Sri Lanka

INCLUSIONS

MEALS
12 breakfasts, 9 lunches

TRANSPORT
Bicycle, support vehicle, train, jeep

ACCOMMODATION
Hotel (12 nts), guesthouse (1 nt)



KEY: ✪ Start/Finish ● Overnight stop — Place of interest --- Route/Transport type

ITINERARY

- **START** Negombo, Sri Lanka
- ① Negombo (hotel)
- ② Anuradhapura (hotel)
- ① Polonnaruwa (hotel)
- ① Dambulla (hotel) – *Sigiriya*
- ② Kandy (hotel)
- ① Hatton (hotel)
- ② Tissamaharama (guesthouse) – *Yala NP*
- ② Mirissa (hotel) – *Galle*
- ① Colombo (hotel)
- **FINISH** Colombo, Sri Lanka
- ① Nights spent. Location (accommodation style) – *Place of interest*

* This trip includes the option to hire an e-bike

YOU MAY ALSO LIKE

Want to cycle Sri Lanka in May and June? Head north and avoid the south-west monsoon rains.

Cycle Sri Lanka: North – 14 days (HPXN)

Visit intrepidtravel.com/cycling for more options.

DEPARTURE DATES

Selected Saturdays
Enter **HPXC** on intrepidtravel.com for exact dates.

GUARANTEED DEPARTURES

jan feb mar apr may jun jul aug sep oct nov dec



Bagan, Myanmar

13 DAYS Cycle Myanmar

DESTINATION Myanmar
TRIP CODE TTXM
MAX GROUP SIZE 16
TRIP STYLE Original
PHYSICAL ●●●●●●

WHY YOU'LL LOVE IT

- ✓ Delve right into Myanmar's past, cycling around Bagan's temple-strewn landscape
- ✓ Bask in the golden glow of Yangon's giant Shwedagon Pagoda
- ✓ Quench your thirst straight from the source: coconuts and fresh fruit
- ✓ Cruise along the Ayeyarwady to Mingun – a small riverside town
- ✓ Ride through toddy forest towards the majestic Mt Popa

INCLUSIONS

MEALS
12 breakfasts, 1 dinner

TRANSPORT
Bicycle, support vehicle, plane, boat

ACCOMMODATION
Hotel (11 nts), guesthouse (1 nt)



KEY: ✪ Start/Finish ● Overnight stop — Place of interest --- Route/Transport type

ITINERARY

- **START** Yangon, Myanmar
- ② Yangon (hotel)
- ① Bagan (hotel)
- ① Mt Popa (hotel)
- ① Myingyan (guesthouse)
- ① Mandalay (hotel)
- ① Mingun (hotel)
- ① Pindaya (hotel)
- ③ Inle Lake (hotel)
- ① Yangon (hotel)
- **FINISH** Yangon, Myanmar
- ① Nights spent. Location (accommodation style) – *Place of interest*

DEPARTURE DATES

Selected Sundays
Enter **TTXM** on intrepidtravel.com for exact dates.

GUARANTEED DEPARTURES

jan feb mar apr may jun jul aug sep oct nov dec



Fushimi Inari Taisha, Kyoto, Japan

11 DAYS Cycle Japan

DESTINATION Japan
TRIP CODE CJXC
MAX GROUP SIZE 16
TRIP STYLE Original
PHYSICAL ●●●●●

WHY YOU’LL LOVE IT

- Get closer to the eclectic Japan, from serene temples to chaotic cities
- Choose to end rewarding days cycling with authentic Japanese feasts
- Travel on both bikes and trains for the ultimate change of pace
- Ride through landscapes far from the traffic and big city lights
- Enjoy lunch at the famous Tsukiji Outer Fish Market in Tokyo

INCLUSIONS

MEALS
10 breakfasts, 6 lunches, 4 dinners

TRANSPORT
Bicycle, support vehicle, train

ACCOMMODATION
Ryokan (5 nts), hotel (5 nts)

DEPARTURE DATES

Selected Saturdays
Enter **CJXC** on [intrepidtravel.com](#) for exact dates.



KEY: ● Start/Finish ● Overnight stop — Place of interest --- Route/Transport type

ITINERARY

- START** Kyoto, Japan
- ③ Kyoto (ryokan) – Nara, Arashiyama
- ① Kanazawa (hotel)
- ① Togi (ryokan)
- ① Wajima (ryokan)
- ① Suzu (hotel)
- ① Wakura Onsen (hotel)
- ② Tokyo (hotel)
- FINISH** Tokyo, Japan
- ① Nights spent. Location (accommodation style) – Place of interest

* This trip includes the option to hire an e-bike

8 DAYS Cycle Bali

DESTINATION Indonesia
TRIP CODE TIXC
MAX GROUP SIZE 16
TRIP STYLE Original
PHYSICAL ●●●●●

WHY YOU’LL LOVE IT

- Cycle from the green hills of Ubud to the laidback beach towns of Lovina and Sanur
- Choose to climb Mt Batur, visit hidden caves and soak in hot springs
- Visit beautiful temples and lesser-known villages

INCLUSIONS

MEALS
7 breakfasts, 1 lunch, 1 dinner

TRANSPORT
Bicycle, support vehicle, boat

ACCOMMODATION
Hotel (7 nts)



KEY: ● Start/Finish ● Overnight stop — Place of interest --- Route/Transport type

ITINERARY

- START** Ubud, Indonesia
- FINISH** Sanur, Indonesia

DEPARTURE DATES

GUARANTEED DEPARTURES



8 DAYS Cycle New Zealand South Island

DESTINATION New Zealand
TRIP CODE POXC
MAX GROUP SIZE 16
TRIP STYLE Original
PHYSICAL ●●●●●

WHY YOU’LL LOVE IT

- Ride along flat paths and see the South Island’s most stunning scenery
- Cycle the spectacular Otago Central Rail Trail
- Experience firsthand the renowned hospitality of New Zealanders

INCLUSIONS

MEALS
6 breakfasts

TRANSPORT
Bicycle, minivan, train

ACCOMMODATION
Hotel (7 nts)



KEY: ● Start/Finish ● Overnight stop — Place of interest --- Route/Transport type

ITINERARY

- START** Queenstown, New Zealand
- FINISH** Dunedin, New Zealand

* This trip includes the option to hire an e-bike

DEPARTURE DATES

GUARANTEED DEPARTURES



CENTRAL & SOUTH AMERICA

Balmy climes, hip-shaking rhythms and delicious food – this region invites immersion on every level. While there are astounding Inca ruins and dazzling beaches to discover on foot, Central and South America are best experienced on two wheels as all the senses come into play. Jump into the saddle and feel Caribbean breezes drifting in from the coast, smell the aroma of fresh coffee from the plantations, hear monkeys chattering in jungle canopies and gaze across lush Andean valleys.

WEATHER

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Panama City												
Havana												
Granada												
Cusco												
Bogota												
San Jose												

Monsoon 25-35°C
Hot & dry 25-35°C
Hot & wet 25-35°C
Pleasantly warm 20-30°C
Warm & wet 20-25°C
Cool 15-20°C

8 DAYS

Cycle Colombia

DESTINATION Colombia
TRIP CODE GGXX
MAX GROUP SIZE 16
TRIP STYLE Original
PHYSICAL ●●●●●

WHY YOU'LL LOVE IT

- ✓ Cycle through steamy jungles, coffee plantations and colonial towns
- ✓ Embark on an incredible guided hike through the Cocora Valley
- ✓ Explore Bogota's museums and galleries at your own leisure
- ✓ Enjoy a Ciclovía day in Colombia's cosmopolitan capital

INCLUSIONS

MEALS
7 breakfasts, 1 lunch, 3 dinners

TRANSPORT
Bicycle, support vehicle, plane

ACCOMMODATION
Hotel (7 nts)



KEY: ★ Start/Finish ● Overnight stop — Place of interest --- Route/Transport type

ITINERARY

● **START** Bogota, Colombia

● **FINISH** Bogota, Colombia

DEPARTURE DATES **GUARANTEED DEPARTURES**

✓ jan ✓ feb ● mar ● apr ● may ✓ jun ✓ jul ✓ aug ✓ sep ● oct ✓ nov ✓ dec

8 DAYS

Cycle Peru: Machu Picchu & the Sacred Valley

DESTINATION Peru
TRIP CODE GGXC
MAX GROUP SIZE 16
TRIP STYLE Original
PHYSICAL ●●●●●

WHY YOU'LL LOVE IT

- ✓ Explore Peru's spectacular mountains and valleys on two wheels

INCLUSIONS

MEALS
7 breakfasts, 1 lunch

TRANSPORT
Bicycle, plane, train, public bus, support vehicle

ACCOMMODATION
Hotel (7 nts)



KEY: ★ Start/Finish ● Overnight stop — Place of interest --- Route/Transport type

ITINERARY

● **START** Lima, Peru

● **FINISH** Cusco, Peru

DEPARTURE DATES **GUARANTEED DEPARTURES**

● jan ● feb ● mar ● apr ✓ may ✓ jun ● jul ✓ aug ✓ sep ✓ oct ● nov ● dec



Las Terrazas, Cuba

7 DAYS

Cycle Cuba: West

DESTINATION Cuba
TRIP CODE QBXC
MAX GROUP SIZE 16

TRIP STYLE Original
PHYSICAL ●●●●●

♥ WHY YOU’LL LOVE IT

- ✓ Cycle through the lush valley of Soroa, known as Cuba’s rainbow
- ✓ Learn how to roll a cigar with a local tobacco farmer
- ✓ Understand Che Guevara’s important role in the Cuban revolution
- ✓ Ride through Cuba’s ever-changing scenery, from the decaying charm of Old Havana to dramatic limestone karst landscapes
- ✓ Indulge in some sun, sand and sea on the beaches of Cayo Jutias

📋 INCLUSIONS

MEALS
6 breakfasts, 3 lunches, 1 dinner

TRANSPORT
Bicycle, support vehicle

ACCOMMODATION
Guesthouse (6 nts)

KEY: 🌟 Start/Finish ● Overnight stop — Place of interest - - - Route/Transport type

ITINERARY

- **START** Havana, Cuba
- ① Havana (guesthouse)
- ② Soroa (guesthouse) – Las Terrazas
- ② Vinales (guesthouse) – Cueva de los Portales, Consolacion del Sur, Cayo Jutias
- ① Havana (guesthouse)
- **FINISH** Havana, Cuba
- ① Nights spent. Location (accommodation style) – Place of interest

👉 **YOU MAY ALSO LIKE**

Ride through the rum-filled breeze all the way to Santa Clara and extend your adventure to Cuba’s east.

Cycle Cuba – 14 days (QBXCC)

Visit intrepidtravel.com/cycling for more options.

📅 DEPARTURE DATES

Selected Mondays
Enter **QBXC** on intrepidtravel.com for exact dates.

- ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓
- jan feb mar apr may jun jul aug sep oct nov dec

GUARANTEED DEPARTURES



Cycle group, Cuba

8 DAYS

Cycle Cuba: East

DESTINATION Cuba
TRIP CODE QBXE
MAX GROUP SIZE 16

TRIP STYLE Original
PHYSICAL ●●●●●

♥ WHY YOU’LL LOVE IT

- ✓ Access unique parts of Cuba on this cycling adventure
- ✓ Ride through the pristine valley of Yumuri, an untouched paradise
- ✓ Pay homage to the legendary Che Guevara at his final resting place
- ✓ Cycle among diverse and ever-changing scenery
- ✓ Relax on the pristine beach of Varadero after a day’s ride

📋 INCLUSIONS

MEALS
6 breakfasts, 5 lunches, 2 dinners

TRANSPORT
Bicycle, support vehicle

ACCOMMODATION
Guesthouse (7 nts)

KEY: 🌟 Start/Finish ● Overnight stop — Place of interest - - - Route/Transport type

ITINERARY

- **START** Havana, Cuba
- ① Havana (guesthouse)
- ① Cienfuegos (guesthouse) – Bay of Pigs
- ① Trinidad (guesthouse)
- ① Santa Clara (guesthouse)
- ② Varadero (guesthouse)
- ① Havana (guesthouse) – Matanzas, Yumuri Valley
- **FINISH** Havana, Cuba
- ① Nights spent. Location (accommodation style) – Place of interest

📅 DEPARTURE DATES

Selected Sundays
Enter **QBXE** on intrepidtravel.com for exact dates.

- ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓
- jan feb mar apr may jun jul aug sep oct nov dec

GUARANTEED DEPARTURES



Arenal Volcano, Costa Rica

8 DAYS

Cycle Nicaragua & Costa Rica

DESTINATIONS	Costa Rica, Nicaragua		
TRIP CODE	QZXN	TRIP STYLE	Original
MAX GROUP SIZE	16	PHYSICAL	<div><div></div><div></div><div></div><div></div><div></div></div>

WHY YOU’LL LOVE IT

- ✓ Cycle past active volcanoes, emerald jungles and Maya ruins
- ✓ Admire Costa Rica’s Arenal Volcano, and laze in its thermal pools
- ✓ Engage in a wide range of activities across two different countries
- ✓ Relax after a day’s ride on the stunning beaches of Ometepe Island
- ✓ Let your local cycling leader guide you along the lesser-known trails

INCLUSIONS

- MEALS**
7 breakfasts
- TRANSPORT**
Bicycle, support vehicle, boat
- ACCOMMODATION**
Hotel (6 nts), guesthouse (1 nt), homestay (1 nt)

DEPARTURE DATES

Selected Saturdays
Enter **QZXN** on [intrepidtravel.com](#) for exact dates.



GUARANTEED DEPARTURES



Puerto Viejo de Talamanca, Costa Rica

8 DAYS

Cycle Costa Rica & Panama

DESTINATIONS	Costa Rica, Panama		
TRIP CODE	QZXC	TRIP STYLE	Original
MAX GROUP SIZE	16	PHYSICAL	<div><div></div><div></div><div></div><div></div><div></div></div>

WHY YOU’LL LOVE IT

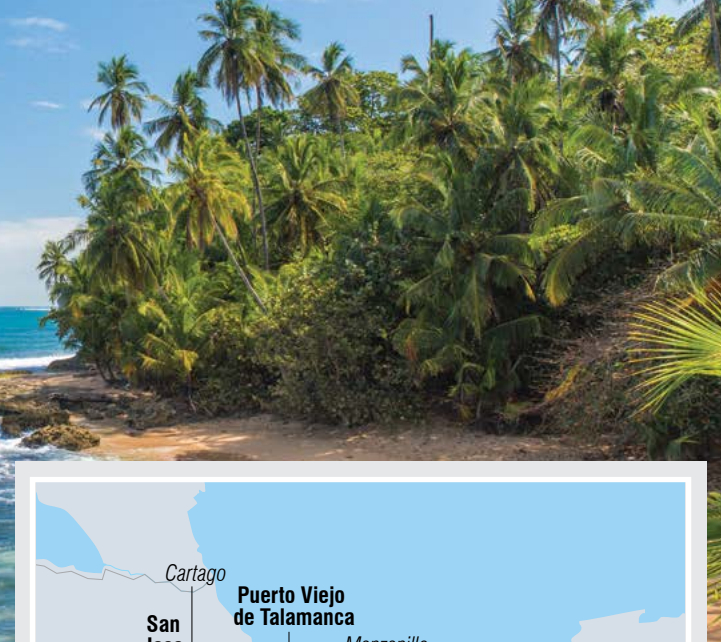
- ✓ Ride through Central America, a land of mysterious ruins, active volcanoes and emerald jungles
- ✓ Chill out among the Caribbean vibes in Puerto Viejo de Talamanca
- ✓ Cycle the Panama Canal and marvel at the modern-day leviathans
- ✓ Get closer to the locals as you venture off the tourist trail
- ✓ Spot monkeys, crocodiles and hummingbirds in Gamboa Rainforest

INCLUSIONS

- MEALS**
7 breakfasts, 1 dinner
- TRANSPORT**
Bicycle, support vehicle
- ACCOMMODATION**
Hotel (7 nts)

DEPARTURE DATES

Selected Saturdays
Enter **QZXC** on [intrepidtravel.com](#) for exact dates.



KEY: Start/Finish Overnight stop Place of interest Route/Transport type

ITINERARY

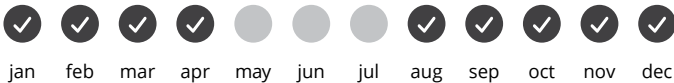
- START** San Jose, Costa Rica
- ① San Jose, Costa Rica (hotel)
- ② Puerto Viejo de Talamanca, Costa Rica (hotel) – Cartago, Manzanillo, Sixaola River
- ② Boquete, Panama (hotel) – Caldera, Baru Volcano
- ② Panama City, Panama (hotel) – Panama Canal, Gamboa Rainforest
- FINISH** Panama City, Panama
- ① Nights spent. Location (accommodation style) – Place of interest

YOU MAY ALSO LIKE

Cycle Nicaragua, Costa Rica & Panama – 15 days (QZXBC)

Take on a longer Central American cycle, including Nicaragua, to see more jungle, beaches and cities.

Visit [intrepidtravel.com/cycling](#) for more options.



GUARANTEED DEPARTURES

AFRICA & THE MIDDLE EAST

While Africa is more commonly associated with overland travel in a truck or bus, cycling here continues to gain popularity. And with highlights like the hairpin-turn-laden Great Rift Valley and the barely-charted plains of Lengai, it's easy to see why. It's a similar story in the Middle East, where you'll find countries brimming with the ingredients of a perfect cycling trip: spectacular landscapes, quiet roads and warm hospitality at every step – or pedal stroke – of the way.



WEATHER



- Monsoon 25-35°C
- Hot & dry 25-35°C
- Hot & wet 25-35°C
- Pleasantly warm 20-30°C
- Warm & wet 20-25°C
- Cool 15-20°C
- Cold & dry 0-15°C



Mto wa Mbu, Tanzania

13 DAYS Cycle Tanzania

DESTINATION	Tanzania		
TRIP CODE	YTXC	TRIP STYLE	Basix
MAX GROUP SIZE	12	PHYSICAL	●●●●●

WHY YOU'LL LOVE IT

- ✓ Cycling is the perfect way to marvel at the landscapes of Tanzania
- ✓ Roast, grind and taste your own coffee in the village of Tengeru
- ✓ Fall asleep surrounded by creatures of the Serengeti Plains
- ✓ Venture to the weird and wonderful flamingo-dotted Lake Natron
- ✓ Cycle through the barely-charted plains of Lengai

INCLUSIONS

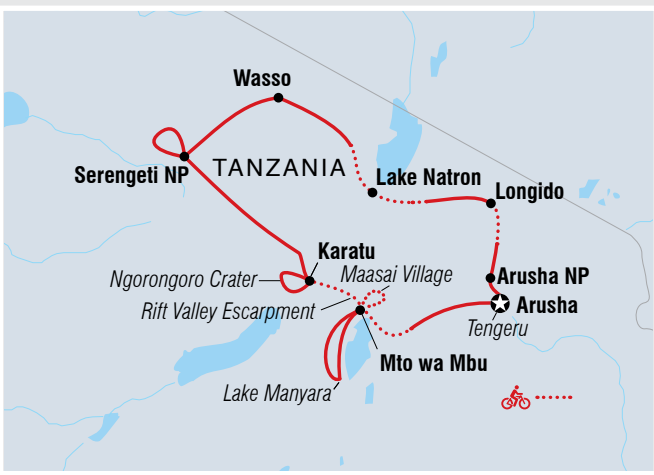
MEALS
12 breakfasts, 11 lunches, 10 dinners

TRANSPORT
Bicycle, support vehicle, overland vehicle, jeep

ACCOMMODATION
Camping with shared facilities (8 nts), hotel (2 nts), guesthouse (1 nt), dormitory with shared facilities (1 nt)

DEPARTURE DATES

Selected Sundays
Enter **YTXC** on intrepidtravel.com for exact dates.



KEY: ● Start/Finish ● Overnight stop — Place of interest --- Route/Transport type

ITINERARY

- **START** Arusha, Tanzania
- ① Arusha (hotel)
- ① Arusha NP (dormitory)
- ① Longido (guesthouse)
- ② Lake Natron (camping)
- ① Wasso (camping)
- ② Serengeti NP (camping)
- ① Karatu (camping) – Ngorongoro Crater
- ② Mto wa Mbu (camping) – Rift Valley Escarpment, Maasai Village
- ① Arusha (hotel) – Lake Manyara, Tengeru
- **FINISH** Arusha, Tanzania
- ① Nights spent. Location (accommodation style) – Place of interest

YOU MAY ALSO LIKE

Looking to continue to the coast? Discover what the mountains and shores of Tanzania have to offer.

Road to Zanzibar – 12 days (YXODC)

Adventure from Nairobi to the idyllic beaches of Zanzibar.

Visit intrepidtravel.com/africa for more options.



Wadi Araba, Jordan

9 DAYS

Cycle Jordan: Petra & Wadi Rum

DESTINATION Jordan
TRIP CODE EEXC
MAX GROUP SIZE 16
TRIP STYLE Original
PHYSICAL ●●●●●○

WHY YOU’LL LOVE IT

- ✓ Ride through deserts and mountains on a journey through Jordan’s ever-changing landscapes
- ✓ Spend a day uncovering the majesty and mystery of Petra
- ✓ Float in the super-salty waters of the Dead Sea
- ✓ Meet Bedouin locals, learn about their ways and sleep under the stars in a far-flung desert camp
- ✓ Hop in a jeep and experience the desert scenery of Wadi Rum

INCLUSIONS

MEALS
8 breakfasts, 3 lunches, 2 dinners

TRANSPORT
Bicycle, support vehicle, jeep

ACCOMMODATION
Hotel (6 nts), desert camp (2 nts)



KEY: ★ Start/Finish ● Overnight stop — Place of interest == Route/Transport type

ITINERARY

- **START** Madaba, Jordan
- ② Madaba (hotel) – Jerash, Dead Sea
- ① Dana (hotel) – Mukawir
- ① Little Petra (desert camp)
- ① Petra (hotel)
- ① Aqaba (hotel)
- ① Wadi Rum (desert camp)
- ① Madaba (hotel) – Q’disi Salt Flats
- **FINISH** Madaba, Jordan
- ① Nights spent. Location (accommodation style) – Place of interest

DEPARTURE DATES

Selected Saturdays
Enter **EEXC** on intrepidtravel.com for exact dates.



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